



under the influence of...  
**ADRENALINE**  
Council on AODA  
**TRIATHLON**



**Adult Triathlon**

**Saturday August 29, 2009**  
**Ackerman's Grove**  
**4875 County Highway Z**  
**West Bend, WI**

With the gentle rolling landscape carved by the glaciers, Washington County's Ackerman's Grove County Park lies along the southeastern shore of Little Cedar Lake in the Town of Polk.

**Packet Pick-up**

West Bend Mutual Insurance Company/Prairie Center • 1900 S. 18th Avenue  
West Bend, WI • Friday August 28, 2009 4:00pm-9:00pm

Or register on-line at [https://www.active.com/event\\_detail.cfm?event\\_id=1708560](https://www.active.com/event_detail.cfm?event_id=1708560)

**Contact The Council for more info:**

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P262.335.6888 F262.335.6899 [www.councilonaoda.org](http://www.councilonaoda.org)