

The Council COMMENTS

on alcohol and other drug abuse

2010 Changes

WOW! What a whirlwind this past year has been! Funding challenges, increased demand for services and staff changes in 2010 laid the groundwork for some exciting opportunities in 2011 and beyond. In 2010, we said good bye to long-term employee, Larry Smikowski and welcomed several new employees. Annette Crandall joined us to provide Intervention services to individuals convicted of Operating While Intoxicated and to families struggling with addiction. Lynn Gillian moved from providing Prevention services for the Council to providing Intervention services. In December, Dawn Dent and Kristen Wolfgram joined us to provide Prevention services to (respectively) Germantown and Hartford/Slinger communities. Anita Hilleman's position changed within the Council when she took on the responsibilities of the Teen Leadership Coordinator. The creation of this position ensures that alcohol and drug free social and community service activities continue and provide the chance for our community coordinators to focus their efforts on other research based prevention efforts. A special thank you is due to our committed and dedicated professional staff that stuck with us in 2010 and continued to provide valuable and needed services to our community. An additional thanks to our awesome Board of Directors who helped us help the community by providing leadership and countless volunteer hours in meetings or at racing events!



Drug Free Communities Grant

The Prevention Network of Washington County was one of 169 applicants awarded a \$125,000 per year grant for the next five years. Prevention Network was selected out of 521 applicants to receive this grant which focuses on reducing youth substance use in Washington County. The Council serves as fiscal agent for Prevention Network. For more information, contact Ronna Corliss at (262) 335-6894 or rcorliss@councilonaoda.org.

The **Way Forward**  one person one family one community at a time
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January, 2011



**Linda Dymond with
Dodie Sargent,
Kewaskum Cares
About Kids Volunteer
of the Year and owner
of Little Folks Daycare**

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Under the Influence of...Adrenaline

In 2010, the Council continued and expanded our efforts in special events fundraising through our endurance athletic events. We held our 2nd Annual Triathlon at Ackerman's Grove on August 27, 2010 and our 2nd Enchantment in the Park Reindeer Dash and 5K run/walk in December. We also partnered with the Kettle Moraine YMCA to sponsor a Marathon/Half Marathon on the Eisenbahn Trail -- a Boston Marathon qualifying event and the first marathon EVER in Washington County! Over 1,000 people from around the world (with most coming



from Southeastern Wisconsin) visited Washington County, enjoyed our parks and visited our local businesses and other community events. Based on our 2010 success and in recognition of the strengths each organization brings to the table, the Council and the YMCA plan to continue to work together to offer these fun and healthy events. Mark your calendars for the Eisenbahn Marathon/Half Marathon on August 27th and the Triathlon on August 28th. These events provide needed funds to assist us in achieving our mission. For registration information visit our website at www.adrenalineraces.org. For 2011 sponsorship information, please contact Mary Simon at (262) 335-6892 or msimon@councilonaoda.org



2010 Winners

Triathlon:

Males:

Andy Nesheim:	1:04:57
Patrick Graven:	1:08:16
Justin Swanson:	1:09:32

Females:

Lauren Brunner:	1:22:40
Noelle DeRuyter:	1:23:12
Mary Flaws:	1:23:41

Relay Teams:

Rondorf's Team:	1:15:55
Uncle, Nephew and Some	
Other Guy:	1:16:35
Mueller:	1:20:58

Half Marathon:

Males:

Loren Alliet:	1:25:13
Fritz Kaftan:	1:25:21
Phil Keys:	1:30:23

Females:

Lisa Johnson:	1:30:40
Kathryn Heinzen:	1:34:57
Sarah Camann:	1:42:01

Marathon:

Males:

Benjamin Kopecky:	2:50:21
Michael Martin:	3:03:31
John Kiser:	3:09:30

Females:

Nikki Cohen:	3:06:49
Rachel Mikyska:	3:21:49
Mary Flaws:	3:26:10

Enchantment 5K Run:

Males:

Roman Pyasta:	22:10
Steven Kattar:	22:16
Brian Rennie:	22:43

Females:

Jennifer Chaudoir:	22:48
Michelle Matter:	25:44
Monica Sprung:	23:01

Congratulations and thanks to all participating athletes, spectators and sponsors!



New Partnerships

Like all organizations, our ability to achieve our mission is challenged when the economy is in a state of flux. We know that collaboration, more than ever, is a critical piece in the puzzle of meeting the increasing needs of the community. The Council has always been committed to creating partnerships with other organizations as a way to fulfill our mission and benefit the community. In 2010, we began several new partnerships that we are pleased to highlight:

West Bend School District: Linda Dymond, Council staff person, is now the lead coordinator for the West Bend School District's alcohol and drug abuse program. Her focus is on increasing community involvement in the school district's efforts to reduce their students' use of alcohol, tobacco and other drugs. This includes strengthening the West Bend Acts Coalition, engaging parents and serving as a resource to teachers and staff of the District.

Hartford Union High School: Lynn Gillian, Council staff person, is working with students identified as engaging in high risk behavior that can interfere with their ability to learn. Providing one-on-one support and education, we hope to assist these youth in overcoming various obstacles in their lives and becoming successful students and young adults.

Kewaskum Career Academy: Linda Dymond is working with the Kewaskum Career Academy to help their students increase the likelihood of their successful completion of high school. Areas of focus include developing stress management techniques, making healthy choices and developing goals for their future.

Moraine Park Technical College: The Council is partnering with the School of Nursing to implement SBIRT (Strategic Brief Intervention, Referral and Treatment). We train and support student nurses in implementing this effort on campus as a way to prepare them to deal with alcohol and drug related issues with their patients and learn more about community resources.

Tobacco Free Coalition: Due to a decrease in funding for tobacco related prevention, Ronna Corliss now represents the Council as a member of a regional tobacco free coalition staffed by representatives from Fond du Lac County. This regional perspective has been extremely helpful in identifying the strengths and weaknesses of Washington County and learning of strategies that have worked in other surrounding counties.

We welcome contact from others that are interested in working with us to promote the responsible use of alcohol, tobacco and other drugs and increasing awareness of the effects of substance abuse. Please join us in our efforts!

Council Staff

Ronna Corliss
County Prevention
Coordinator

Annette Crandall
Intervention Specialist

Dawn Dent
Prevention Program
Coordinator
(Germantown)

Linda Dymond
Senior Prevention
Program Coordinator
(Kewaskum/West
Bend)

Lynn Gillian
Intervention Specialist

Jeanne Gustafson
Administrative
Assistant

Lou Herrmann
Intervention Specialist

Anita Hilleman
Teen Leadership
Coordinator

Diana Kirst
Financial and Facilities
Coordinator

Mary Simon
Executive Director

Kristen Wolfram
Prevention Program
Coordinator
(Hartford/Slinger)



Other News

Council intervention staff recently completed training in the CRAFT program. CRAFT (Community Reinforcement and Family Training) is designed to assist concerned family members in motivating their loved one to enter treatment for their addiction. A research based program, participants of CRAFT benefit by becoming more independent and reducing their depression, anxiety and anger. For more information, please contact our office.

Council prevention staff recently completed training in the Staying Connected with Your Teen program. This is a research based prevention program for parents of youth ages 14-17 that we have adapted and now use in place of the SUPER program. Youth and their parent participate in this program after completing a screening. Typically, youth do not have an on-going problem with alcohol or drugs and have been referred after an alcohol or drug related violation from the schools, law enforcement or the court system.

The Council on Alcohol and Other Drug Abuse was recently recognized by American Design & Build, Inc as their Partner in the Betterment of our Community for 2010. American Design & Build is committed to supporting and promoting West Bend and Greater Washington County. Kraig Sadownikow, co-owner with his father, Kons, was a key volunteer in bringing the Eisenbahn Marathon/Half Marathon to Washington County. We look forward to working with American Design & Build in the future and thank them for this recognition!

The Washington County District Attorney's Office will, at their discretion, begin offering young adults that have received a citation for underage drinking or minor drug charges the option of receiving a screening from the Council and participation in alcohol and drug education or counseling. This option is similar to one offered through the Mid-Moraine Municipal Court. We look forward to working with Mark Bensen and staff at the District Attorney's office.

The Council was selected as one of the 2010 beneficiaries of the Miracle on Canal Street. This event is sponsored by Potawatomi Bingo and Casino. We received a check for over \$33,000 to support our youth prevention efforts! Below is a picture of Steve Hoogester and Mary Simon at the Celebration.



Wishing you a New Year that is happy, healthy and safe!

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West Bend Mutual

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Community
Representative

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Kewaskum School
District

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