

Book List

- ❑ These books may be borrowed at no cost.
Call to reserve: 335-6888
- ❑ Borrowers are responsible for replacement of lost or damaged books.

Topics include:

- ❑ AA
- ❑ Addiction and dependency
- ❑ Addictive personality
- ❑ Alcohol and drug abuse
- ❑ Alcohol and sexuality
- ❑ Alcoholism as a family disease
- ❑ Alcoholism and drug use in the workplace
- ❑ Anger
- ❑ Anxiety
- ❑ Behavior modification
- ❑ Children of alcoholics
- ❑ Co-dependency
- ❑ Cocaine use
- ❑ Courage to change
- ❑ Depression
- ❑ Detachment
- ❑ Eating disorders
- ❑ Effects of alcohol and drugs (physical, relationships, school, jobs, illness, etc)
- ❑ Enabling
- ❑ Encyclopedia of psychoactive drugs
- ❑ Fetal alcohol syndrome
- ❑ First aid safety
- ❑ Healing the self
- ❑ HIV
- ❑ Inhalant users
- ❑ Intervention
- ❑ Love, compassion, tenderness, relating, sharing
- ❑ Marijuana
- ❑ Narcotics anonymous
- ❑ Obsessive compulsive disorder
- ❑ Parenting guide / healthy parenting
- ❑ Positive mental attitude
- ❑ Pregnancy and alcohol, tobacco, & other drugs
- ❑ Prevention
- ❑ Recovery
- ❑ Self-awareness
- ❑ Self-esteem
- ❑ Stress – less stress in 30 days
- ❑ Suicide
- ❑ Tobacco cessation
- ❑ Women and dependence
- ❑ Young people in recovery